

Principles of Dressage

Sunday demo riders



Session: Training scale

Bryony Goodwin

Bryony is based at her private yard in the Forest of Dean, where she manages a small number of competition liveries while also riding for her trainers, David and Serena Pincus. Her passion for dressage grew from a love of producing young horses. She spent many years at Hawtins Stud, developing and competing talented young horses. Today, Bryony focuses on progressing horses through the levels with the aim of competing at Grand Prix. She has been partnered with Daisy for the past year, and together they are continuing to strengthen their partnership. This season, they are aiming to compete at the Premier Leagues to give Daisy competition experience.



Sheepcote Just Daisy

14YO | 17hh | Mare

By: Johnson

Owner: Lucy Pincus

Olivia Middlecote

Olivia attends school in Worcestershire and is currently preparing for her GCSEs. She began riding at four with the Ledbury Hunt Pony Club and quickly developed a passion for dressage. She has ridden several talented ponies, including 'Don Joshi', a former FEI Pony team bronze medallist at the 2007 European Championships, and has trained with Maddy Frewin, Jackie Bevan and more recently Rob Barker. Through BD Youth, Olivia has gained valuable opportunities and friendships, with highlights including the Quest National Championships, BD Youth Inter-Regionals and Home Nations, and three consecutive Petplan Championships. Bryncrugog Brenin (Mr B) joined the family in February 2024. Competing at Prelim and Novice level, he is consistent, kind and full of character, mainly ridden by Olivia but also enjoyed by her mum and younger sister, Matilda.



Bryncrugog Brenin

16YO | 14.2hh | Gelding

By: Avonvalley Dai Foot

Owner: Lucy Middlecote

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Hattie Spurling

Hattie's passion for dressage began in Pony Club with her 14.2hh pony. This led her to discover para dressage, and she soon qualified for her first championship. She trains with Sally Newcomb, whose guidance and support have played a huge role in her progression as a rider. Recent competition highlights with Top include a successful summer championship at Hartpury last year, where they competed in both the Bronze and Silver sections, as well as attending their first international at 1* Wellington.

Hattie has been riding Top for nearly a year and is very grateful to his owner for the opportunity. Top previously competed successfully at Young Rider level in eventing with Phoebe and is now enjoying his new career in para dressage.

Together, the pair are now competing at Para Silver and Gold level and are aiming for their next international. Top is described as genuine and kind and teaches Hattie a lot.

Top Biats (Top)

19YO | 16.3hh | Gelding

By: Corofino

Owner: Phoebe Hughes



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Session: Advanced Medium

Lucy Bremner

Lucy has always had an interest in dressage. At 16, she began working for Carl, where she spent seven years developing her skills and experience. She now runs a successful competition livery yard in Broadway, Cotswolds. Training with Carl and Becky, Lucy has enjoyed significant success, winning National and Young Horse Championships with Chagall, Fergana, Samber Dancer, and San Marco. She rose Tomasz a little as a young horse before taking time out to have her two children. During that period, Daniel took over his training and competition career. Since September, Lucy has been back riding consistently and is currently competing at Advanced Medium level.

Tomasz

8YO | 16.3hh | Gelding

By: Totilas

Owner: Rider



Chantelle Oliver Symond

Chantelle is an accountant and works as Head of Finance, as well as a military wife and mum to her eight-year-old son. Having moved frequently, she credits the many trainers who've shaped her journey, with close friend Barry Hayes playing a key role in her coaching and competition support. Over 13 years, she has achieved numerous highlights, including winning a Petplan rug last season and competing in her first Grand Prix on a home-produced, non-conventional horse. She has owned Stadmorslow Coffee n Cream since he was three, originally bought for hacking and low-level jumping, a serious fall led them to dressage where they've never looked back.

Stadmorslow Coffee n Cream

21YO | 15hh | Gelding

By: Craigcoach Midas

Owner: Rider



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Session: PSG

Melanie Phillips

Melanie's passion for dressage began in Pony Club before training at Talland and continuing her training abroad. She worked in her family business, Ruxton Horses, breeding and producing dressage horses, and is now a dressage rider, trainer, and BD Level 3 Coach, running her own training and livery yard. She competes two homebred horses: Ruxton Bridget Jones (Grand Prix) and Ruxton Shogun (Inter I). For the past three years, she has also competed with Lily, a talented and generous mare who always gives her all. They are currently competing at PSG, with plans to step up to Inter I this year.



Iouar Elizabeth

16YO | 14.2hh | Mare

By: Geler Sparc

Owner: Dr Susan Guthrie

Lucinda Elliott

Lucinda previously rode at Hawthins Stud and Mount St John and now runs her own dressage business in Gloucestershire, producing and selling horses. She is a three-time National Champion and 14-time Regional Champion, with Small Tour international wins, and has competed at the World Young Horse Breeding Championships. She continues to train with Carl Hester. While working for Judith at Hawthins Stud, Lucinda backed and produced Hawthins Cadenza from a young horse through her early years before she was sold to Julia, who also rides Hettie. Together they achieved success up to Inter I level, and were recently PSG Gold Regional Champion.

Hawthins Cadenza

12YO | 16.1hh | Mare

By: Cool Diamond

Owner: Julia Umney



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Session: Novice

Lily Laughton

Lily began her dressage journey with her mother and now runs her own stable, competing seven horses for herself and owners. She trains with Carl Hester and is a 2023 European Bronze medallist. She previously rode for Olympian Marlies van Baalen. She has been riding Deidre in September 2025 and they are currently competing at Elementary, preparing to step up to Medium.

Viva Valentine

6YO | 16hh | Stallion

By: Viva Gold

Owner: Amanda Crouch



Chloe Arnold

Chloe began to focus on pure dressage while working for Rebecca Bell Dressage, where she rode Rebecca's young horse, Full House, from Prelim through to Medium level. She won the Prelim Silver title at the 2019 National Championships and continues to train with Caron Roberts. Chloe now works full-time as a vinyl applicator at Mediafleet, specialising in vehicle wrapping. Archie-Mae, her mare, joined her in September 2024. They enjoyed a first year together competing in unaffiliated eventing and dressage before joining British Dressage at the beginning of this year. Currently competing at Prelim and Novice level, their goal is to progress up the levels as a partnership. They are also taking part in the BD Combined Training series. If Chloe had to describe Archie-Mae in one word, it would be: "spoilt."

Archie-Mae

6YO | 16hh | Mare

By: Silvester

Owner: Rider



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Session: Elementary

Katie Bailey

Katie began riding at a young age, starting in show jumping before moving to dressage through BD Youth. She trains with Carl Hester and runs her own coaching business in Gloucestershire. From 2009–2014, she worked for Carl as a groom and rider. Her highlights include multiple national and regional titles, Small Tour CDI top-five placings, Reserve Champion at Liverpool International, Reserve at HOYS Future Elite Championship, and achieving her Grand Prix international qualifying score with Hillgrounds Willenhall. She has owned Bertie for just over a year. He is working at Advanced Medium at home and recently placed 3rd at the Winter Regionals at Medium with 69.95%. Sensitive and forward-going, Katie is excited to take him up the levels.

Hillgrounds Foxtrot

9YO | 16.2hh | Gelding

By: Feinrich

Owner: Rider



Julie Middleton-Reid

Julie is a Learning Support teacher at a secondary school and has owned Jessie for 16 years. After 10 successful seasons eventing at BE90/100 level, they joined BD to improve their dressage and quickly became hooked. Training with Caron Roberts and supported by a dedicated physio, vet and farrier, they aim to keep Jessie happy and competing for years to come. Their BD highlights include Area Festival podium finishes up to Medium, BD Combined Training Champion in 2024 and 2025, and 2nd in the Elementary Veteran Horse Class at the Associated Championships in both years.

Lady Jessicka

21YO | 15.3hh | Mare

Owner: Rider

